



## **Not just another day, it's ALPTAG!**

### **Details for Tour C: Flower trail – daytrip hiking**

You will meet our guide and board our minibus in Zurich. After app. 80 minutes we will reach our “base camp” near Seewis, in the Canton of Grison. In a cosy “Walser” style chalet at (1200m) we first enjoy a morning snack. Now it’s time to start our hike up the mountain to enjoy the beauty of alpine flowers including the rare alpine nargis as well as mountain views.

Back at our chalet, there will be lunch with regional specialties. This is followed by a digestive walk to the impressive vantage point "Fadaerastein" with its prospects of the "Buendner Herrschaft", which is a well-known wine region. On the way back to our chalet we will visit a mountain farm.

Of course, alternatively you can always just enjoy a siesta in front of the chalet. Then there'll be a "zVieri" (Swiss snack and refreshment) before we take a relaxed mini bus trip back to Zurich.

### **What we expect to see:**

On our way to Grison we will pass the lake of Zurich and the lake of Walenstatt. During the hike you will see farms, mountains and alpine pastures. Hopefully we will see the rare alpine nargis – for which Seewis is famous. Usually you also will meet cows or other cattle. Lunch and snacks will be in the old style chalets which dates back to the 19<sup>th</sup> century and gives you an insight on how people lived a hundred years ago.

### **Which fitness level is needed for this daytrip?**

It’s a leisurely trip with 2, 5 hours hike (vertical climb of about 500m) in the morning and 1 hour hike after lunch. This tour is suitable for most people and if you are able to walk for 2, 5 hours without a problem you will be fine.

### **Meeting point**

We will meet at Bahnhof Wollishofen in Zurich – in front of the restaurant Sasso. You can reach Bahnhof Wollishofen by Tram No 7 or by local train S24 / S8.

### **Duration of day tour:**

**Start 08:00** at Bahnhof Wollishofen. **End around 17:00** in Zurich.